# tuscaloosa's one place

A FAMILY RESOURCE CENTER





# our mission

Tuscaloosa's One Place, A Family Resource Center empowers people to achieve their full potential. We provide resources to promote self-sufficiency, strengthen families, and prevent child abuse and neglect thus improving the quality of life for all members of our community.

Through a dedicated effort between our staff and community partners, Tuscaloosa's One Place has made a difference in the lives of local families since 1999. We continue to assess the needs of the community and work to find innovative ways to make an impact.

# a word from the director

This past year, Tuscaloosa's One Place continued to serve as a valuable community resource for families across West Alabama. Everyone at TOP believes that families are the primary caregivers of children; thus, all of our efforts are geared toward enhancing a family's ability to nurture their children successfully. Now that we have learned to live with the effects of COVID-19, we energetically renewed our efforts to provide face-to-face, supportive concrete services to families that built parental resilience and deepened their knowledge of child development. By integrating trauma-informed trainings and assessments throughout all departments, our staff strengthened the family unit.

In 2022, we resumed our face-to-face home visitation efforts as a way to strengthen the family dynamics. We increased the number of adults and children served in our relationship classes, where participants developed the skills to nurture and strengthen their most critical relationships. Our CHAMPS program taught non-custodial parents how to establish and maintain meaningful relationships with their children. These are just a few examples highlighting our efforts to strengthen the local community.

I am proud of the work accomplished by Tuscaloosa's One Place's staff, Board of Directors, and volunteers. The collective efforts of everyone involved have allowed us to impact in the West Alabama Community positively. As we have done each of the past 23 years, we will continue to offer concrete services that strengthen families, support children, and build a stronger community.

> Kevin D. Besnoy, Ph.D. **Executive Director**

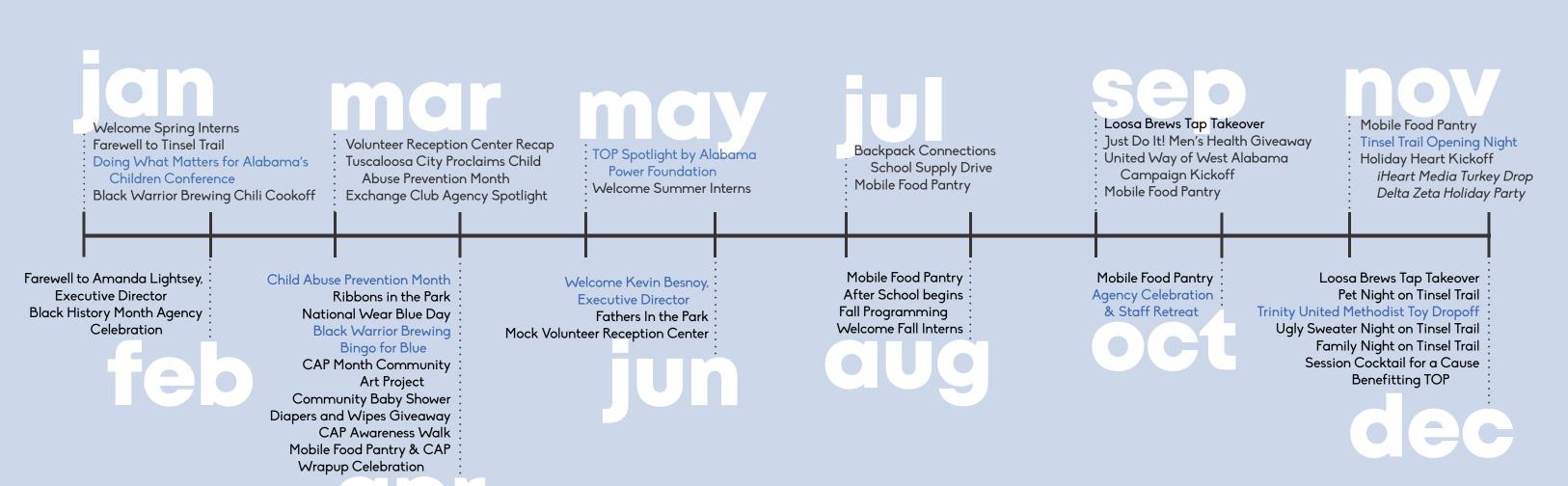
"Were it not for you, I don't know where I would be right now. You have assisted with so many things to help the needs of our family in so many ways.

## I know where I can go if I ever need help."

**Workforce Development Client** 



# year in review



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# who we are

Through significant collaboration and partnership, TOP offers over 20 individual programs designed to address critical family needs. We strive to meet families where they are to empower them to reach their full potential.

We fulfill that focus by serving our families through career and personal development, family and parenting services, teen intervention and support, and after school and child development.

Using the Strengthening Families<sup>™</sup> framework throughout programs, we work with families to develop resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and social and emotional competence of children.

We understand and recognize the need for positive childhood experiences to strengthen families, create great childhoods, and mitigate adverse childhood experiences. We incorporate positive childhood experiences into all of our programs, services, and events at TOP.

# our team

# volunteers our partners

57 full-time, 8 part-time, and 120 contract staff

920 hours of continued training in the last year

Serve on 21 local and statewide committees and boards of directors

Over 760 volunteers contributed 16.175 hours of service in 2022

Community partnerships are critical to helping us serve thousands of families each year.

TOP currently partners with 323 businesses and/or organizations.



24,696 PEOPLE IN 2022

10.010 adults & 14.686 children

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# after school

701 STUDENTS SERVED IN PROGRAMS

Buhl Elementary | Collins-Riverside Intermediate | Cottondale Elementary | Englewood Elementary | Flatwoods Elementary | Greensboro Elementary | Holt Elementary | Matthews Elementary | Maxwell Elementary | University Charter School

## academic remediation

Daily homework assistance is provided to students as needed.

Academic instruction involves weekly STEM lessons and one-on-one mentoring twice a week.

#### **life** skills

Practical skills to prepare students for everyday challenges & employability, such as WhyTry and ARISE.

## enrichment & service learning

Quality educational, recreational & social programs for students through 35+ community partnerships.

Students completed 12 service learning projects in 2022.

## **family** engagement

Actively engaging parents through one-on-one sessions, newsletters, parent nights, and family events.



# social work

In an effort to continue to engage families and meet the needs of students in local schools, TOP partners with the Tuscaloosa County School System, Hale County School System, and Demopolis City Schools to place 20 social workers into 41 area schools.

Social work staff are tasked with helping to address students'mental health needs and social/emotional development.

### demopolis city schools

Demopolis Middle | Demopolis High
US Jones Elementary | Westside Elementary

### hale county schools

Greensboro Elementary | Greensboro Middle Greensboro High | Hale County Middle | Hale County High Moundville Elementary School

### tuscaloosa county schools

Big Sandy Elementary | Brookwood Elementary
Brookwood Middle | Buhl Elementary
Collins-Riverside Intermediate | Cottondale Elementary
Crestmont Elementary | Davis-Emerson Middle
Duncanville Middle | Echols Middle | Englewood Elementary
Faucett-Vestavia Elementary | Flatwoods Elementary
Hillcrest High | Hillcrest Middle | Holt Elementary
Holt High | Huntington Place Elementary
Lake View Elementary | Matthews Elementary
Maxwell Elementary | Myrtlewood Elementary
Northport Intermediate | Northside Middle
Sipsey Valley High | Sipsey Valley Middle
Taylorville Primary | Tuscaloosa County High
Vance Elementary | Walker Elementary
Westwood Elementary

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# emergency services

TOP offers one-on-one consultation in times of crisis or emergency needs. Needs often include homelessness, clothing assistance, and/or food assistance. In 2022, TOP conducted

140 IN-PERSON CONSULTATIONS & 2,449 CALL-IN CONSULTATIONS

# workforce development

Our workforce development program offers holistic job readiness assistance, including resume workshops, supervised job searches, and resources for financial wellness, training programs, and workforce clothing.

Participants are also referred to other TOP programs and events to support overall family wellness.

85 participants were served by the workforce development program in 2022.



"A CHAMPS participant entered the program with no work experience. In the CHAMPS program, he obtained a forklift certification, and is still employed for over 13 months...

# the longest employment of his work career"

**CHAMPS Program Coordinator** 



# teen intervention & support

#### **TEAMS**

Tuscaloosa Encouraging Adolescents with Monitoring & Support

TEAMS serves youth through electronic monitoring, multifaceted case management, and summer programs.

In 2022, 24 youth and their families received TEAMS services.

#### JDAI **Juvenile Detention Alternatives Initaitive**

JDAI evaluates juvenile detention data to determine which diversion programs are most effective. In 2022, JDAI focused on recidivism rates and mental

JDAI also works to improve court efficiency, facilitates trainings, promotes mentoring, and examines racial disparities in juvenile detention.

## **Championing Successful Futures**

CSF is a prevention-based program designed for both parents and youth.

Clients work with a case manager to build an individual plan and learn from two proven curricula how to reduce difficult behaviors in teens and improve parent confidence.

CSF served 39 youth in 2022.

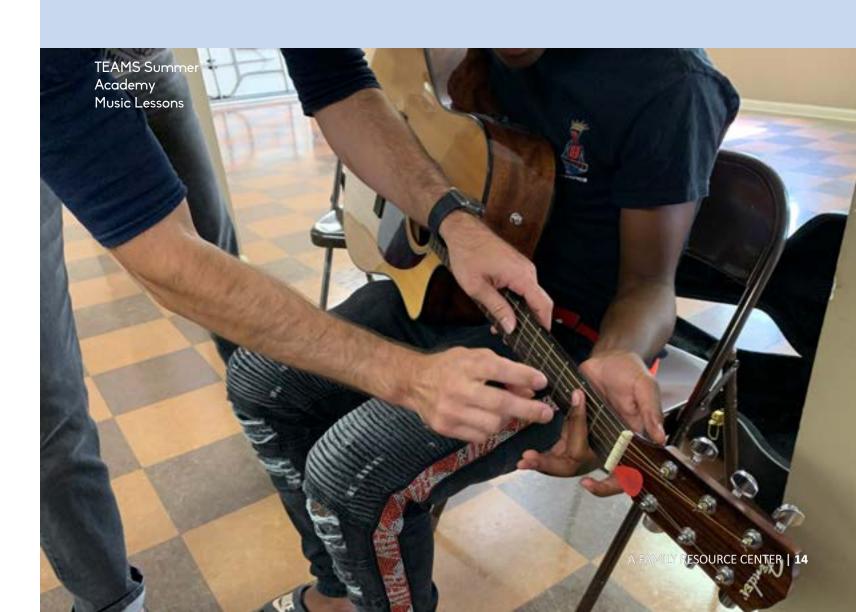
### program highlights

TEAMS & CSF participants completed 72 hours of community service during their time in the programs,

TEAMS participants volunteered their own time to come help with mobile food pantries at TOP.

### student success

TEAMS had a participant who successfully completed the program in May of 2022 who graduated high school and was accepted into a prestigious art college in Philadelphia, PA. Both the student and his parents credit the TEAMS staff involvement for their son's motivation and behavioral change.



# family & parenting

### home visitation

No Place Like Home, Families First, Intensive In-Home Services, and Family Intensive Services served **160 families** through home visitation programs, with 96% having been successfully discharged from the program.

### parent education

Parent2Parent & Parent Project are offered to increase positive parenting skills and improve child well-being. **141 parents** received education through these programs.

#### **CHAMPS**

Changing Habits & Making Parents Stronger

CHAMPS is a program designed to promote financial stability, relationship skills, and parental involvement for parents. In 2022, the program developed a more thorough case-management model including paid career development and family strengthening essentials. **46 parents** were served, resulting in an increase of **\$75,875** in child support payments.

### healthy families tuscaloosa

Healthy Families Tuscaloosa (HFT) serves families beginning prenatally up through five years of age with developmental education and supportive services through home visitation. In 2022, HFT served **92 individuals**.

## healthy relationship education

A project of the Alabama Healthy Marriage & Relationship Education Initiative, curricula were offered to serve youth, individuals, and couples. Classes were provided to **225 participants in 2022.** 



parenting in the community

## community baby shower

TOP hosted a community event to provide parenting information and resources to expectant or new parents. **125 parents** attended this event.

### parent advisory council

In partnership with schools, DHR, child care facilities, local housing authorities, and parents, the Parent Advisory Council meets quarterly to discuss local family needs and collaborates on services to meet those needs. Partners share resources and work to support one another and our families.

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# in the community

TOP is proud to serve our community with education, events, and activities to holistically serve the needs of local children and families.

## doing what matters

For the 15th year, this statewide conference focused on improving the well-being of Alabama children, hosting **275 participants** with topics including digital safety, effects of COVID-19, food insecurity, mental health, and more.

## baby supply giveaway

In April, TOP collected donations and distributed diapers and wipes to **171 families**.

## fathers in the park

Fathers in the Park resumed in-person in 2022 hosting 650 attendees! Thanks to presenting sponsors Whataburger and Tuscaloosa Alumnae Chapter of Delta Sigma Theta Sorority, Inc. families were able to enjoy activities, bounce houses, snacks, and meet local community partners to learn about additional resources in the community.

## mobile food pantries

During **7** open-house style events, **1,237 families** were served with over **70 pounds** of food each.

Clients were provided information on TOP programs and had access to necessities, such as clothing, toiletries, and hygiene supplies when

### just do it! men's health event

The CHAMPS program coordinated its second annual men's health drive through giveaway event, providing **135 men** with shoes, shirts, coats, and health information packets.

### holiday heart

Local business, organization, and personal donations were coordinated through TOP to make the holidays magical for **602** children.

In addition to providing gifts for children, 872 families also received meals during the holiday season.



# our events

We are fortunate to have support from the local business community. Several events were hosted by community partners benefitting TOP.

**Black Warrior Brewing Company** hosted the 7th Annual Chili Cookoff in January of 2022. The Cookoff boasted over a dozen competitors with hundreds of patrons in attendance.

**Black Warrior Brewing Company** added a bingo fundraising event with hundreds of participants helping to launch our Child Abuse Prevention Month Activities.

**Loosa Brews**, in partnership with **Alabama Crown**, hosted two Tap Takeovers in September and December, and hosted a wine tasting event in November.

**Session** selected TOP to benefit from their December Cocktail for a Cause.

# tinsel trail

Presented by **Buffalo Rock**, **Sign Pro** and **University Medical**, Tinsel Trail lit up Government Plaza for its 10th year! The heart of downtown Tuscaloosa boasted 220 trees, candy-themed photo displays, and four events:

Grand Opening, Pet Night, Ugly Sweater Night, and Family Night!

Tinsel Trail is free for the whole community to enjoy from November to January each year. Trees are sponsored and decorated by community businesses, organizations, and individuals.





Your gift makes a difference. Both volunteerism and/or your tax-deductible donation at any level stays right here in the community and helps lead vulnerable children and families in the direction of hope.

For information on ways you can support Tuscaloosa's One Place, A Family Resource Center, visit tuscaloosaoneplace.org or contact Kevin Besnoy at kbesnoy@tuscaloosaoneplace.org.

### volunteer

Our volunteers support so much of the work we are able to do in the community.

Groups and individuals are welcome to volunteer.

Opportunities may include assisting with events, mentoring, service projects, and more.

# financial support

Whether a one-time donation, major or matching gift, or recurring gift, your tax-deductible donation directly supports the mission of TOP, building brighter futures for children and families in West Alabama.

# donate goods

TOP supports and coordinates dozens of resource hubs for clients and the community.

Donations are also accepted for events and program-specific needs.

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# from the chair

Since 1999, Tuscaloosa's One Place (TOP) has been a beacon of support and empowerment for families and children in West Alabama. On behalf of the Board of Directors, I am proud to recognize the positive impact our agency, its outstanding staff, and supporters like you have made in our community this past year.

2022 was a time of both transition and stability for TOP. We were joined by a new executive director, Dr. Kevin Besnoy, who brings a wealth of experience and ideas from the fields of education, grants, and family support. In a short time, he has become a key leader for a stable and well-established staff - a staff that has the experience and expertise to provide the services that our community needs.

Family resource centers exist to provide strong and stable resources for families and children. That is TOP's purpose, and we appreciate you sharing in that purpose. Crucial to the good we do is the support of our state and local social service agencies, education partners, governmental entities, local businesses, and supporters like you.

I am honored to serve the agency and proud to present this annual report of differences made and lives improved - impact that we pledge to continue.

> Chad Tindol Chair, Board of Directors Tuscaloosa's One Place

# our board

Chair - Chad Tindol Vice Chair - Alisa Robertson Secretary - Reed Lightsey Treasurer - Carla Bailey Steven Anderson Star Bloom Ross Bryan

Leah Colvin Chris Gunter Heath Hendrix Scotty Hollins Joy Humphrey Danielle Kimbrough Elizabeth McGiffert

Debra Nelson-Gardell Steve Steele

EX OFFICIO MEMBER Misty Renfroe

**EMERITUS MEMBERS** Helene Hibbard Al May



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